



LAGUNA Waves

SEPTEMBER 2020

Welcome to a Zoom Membership Party!

Welcome to the beginning of a year of “new normals.” The past six months have been incredibly challenging, as millions of people across the nation cope with illness, job loss and unexpected caregiving demands. We hope that we can get back to in-person meetings and events in the near future. But for now, our branch leaders are doing everything possible to bring you programs that we can enjoy, online to begin with, but who knows how we may be able to progress if we can get a grip on the coronavirus. Our first program of the year is to welcome and celebrate you, our members, both returning members and also the 22 new members who have joined this year — *welcome all!*

You are invited to a Zoom Membership Celebration Party on Sunday, September 13, from 3:00 to 4:30pm. Pour yourself a glass of wine or beverage of choice, then sit down at your computer, laptop, cell phone, or iPad/tablet, and prepare to enjoy networking and making new friendships with other members. We will start by introducing ourselves, sharing where we were born and in what other cities we have lived. Be prepared to share with us: What made you decide to join AAUW? What is or was your career? What is your favorite hobby or pastime? What’s the funniest or most unusual thing that has ever happened to you?

This is an opportunity to find out about the 2020-21 plans of our Interest Groups and Mission Based Activities. Our mission, as you know, is to advance gender equity for women and girls through education, research and advocacy. We are very proud of all we do to further this mission and the fun and friendships made along the way. Please check out our website before the party to see what we currently offer at www.lagunabeach-ca.aauw.net. There will be leaders of Interest Groups and Mission Based Activities in attendance to answer questions and sign up new members. We are always open to creating new Interest Groups according to demand.

So, come and join us on September 13th for our not normal but more fun than ever Zoom Membership Celebration Party!

Register for the party by copying this link into your browser:

<https://us02web.zoom.us/j/83689740673?pwd=NDVSYnovVWVRWlJcVRKN1M3a2VZUT09>.

This link and the meeting ID, and password will also be sent to your email box a few days before the event. If you have any problems in joining, please contact Janice Hayden, janicemhayden@gmail.com, 781-864-4008.

AT A GLANCE:

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Quick Peek Dates

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Board Meeting.....Sept 9
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See Calendar on page 11 for more complete information.

AAUW Laguna Beach and Its Local College Partners

Lesley Danziger, AAUW-LB Co-President and CIU Partnerships Co-Chair



The mission of the American Association of University Women (AAUW) is to advance equity for women and girls through education. AAUW partnerships with colleges and universities around the nation are integral to achieving this mission. AAUW Laguna Beach is very proud of its partnerships with two local colleges: Orange Coast College (OCC) and Laguna College of Art + Design (LCAD).

Any institution of higher education can become an AAUW College or University Partner. Once a college or university signs on as a partner, all its students are immediately eligible to become AAUW e-members, free national members as long as they are enrolled at the college. As national members, students are eligible for national grants, fellowships and scholarships. This is no small thing. For example, AAUW awarded \$3.5 million to college women, mostly graduate students for the 2020/2021 year. Local branches, like AAUW Laguna Beach, support the national effort by contributing to these scholarships, but we also focus our efforts on supporting the undergraduate students attending our local colleges, in particular our College/University Partners. So how does AAUW Laguna Beach support its two College Partners, LCAD and OCC? First, we award annual merit and financial need-based scholarships to women students at these colleges, prioritizing our Partners. This year, we awarded 6 to women attending these colleges. In addition to these scholarships,

we award three leadership development scholarships annually to women attending OCC and LCAD. This funding enables students to attend the only national college leadership conference solely for women: National College Conference for Women Student Leaders (NCCWSL) held annually at the University of Maryland and drawing approximately 1,000 women student leaders from around the U.S. Derek Vergara, Dean of Students at OCC, has this to say about the NCCWSL scholarships: “Our long-standing partnership with AAUW Laguna Beach continues to provide meaningful opportunities for leadership development and personal growth for women at Orange Coast College through their generous scholarships. Many of the women selected for these scholarships did not have the funding to attend a national conference specifically focused on leadership development for women due to unique circumstances or unforeseen barriers. Upon their return from the conference, they were instilled with a new sense of identity and a renewed empowerment to lead. Thank you to AAUW Laguna Beach for your educational commitment to the women of OCC.”

Rebecca Higginbotham, pictured at the top of this article, was one of the women Dr. Vergara is describing. A single mother of two, Rebecca earned two AAUW Laguna Beach scholarships: one based on academic merit and financial need and the other sponsored her attendance at NCCWSL – which she clearly loved. Rebecca is now studying biological sciences at California State University, Monterey.

Besides scholarships, we offer special workshops and programs to support both women and men at our Partner Colleges. For example, for the last seven years, AAUW Laguna Beach has offered salary negotiation workshops, called Start Smart, to students at OCC and LCAD to ready them to enter the workforce. Our two-hour workshops, now offered online, show students how to prepare for job interviews, how to research salary scales and living costs in different cities, how to budget. We offered these workshops to Orange Coast College students in the Consumer and Health Sciences Division, earning

...continues next page

AAUW Laguna Beach and Its Local College Partners **(continued from page 2)**

Spotlight on Esther Hessong **Tech Trek Coordinator**

Certificates in Dental Assisting, Interior Design, Fashion Retail and Early Childhood Education.

For the last four years, LCAD has integrated Start Smart workshops into their curriculum under the direction of the Director of Career Services, Robin Fuld. The salary negotiation workshops are for students in all majors, from visual communication to fine art classes. Fuld tells AAUW, “Start Smart supplements the career preparation practices and skills that LCAD teaches, which we believe empower an artist for professional success. Our partnership with AAUW Laguna Beach is rewarding for both our students and the college.”

Finally, we enter into real partnerships with our Partner Colleges, with AAUW Laguna Beach members engaging closely with campus activities and embracing students and faculty from these institutions in our local activities. Some of our members have been invited to join college committees. Others have supported voter registration for students on the campuses. We have invited students to branch meetings and celebrations. LCAD students have shared their art with our members at our annual Art Salon. The colleges help our branch with our fundraisers, lending us publications expertise to design logos and invitations, and we assist each other by advertising college and AAUW events. Were it not for COVID 19, we would have had this year’s Fall Fashion Show on the beautiful grounds of LCAD.

As an organization, AAUW’s goal is to advance equity for women and girls through education. Scholarships provide important financial supplements for local students but students tell us that they also appreciate feeling supported by AAUW women and they are motivated by the faith we demonstrate in them and our willingness to mentor them. This is the mission of AAUW Laguna Beach in action: women helping girls and women to be the best they can be. Our College Partnerships are crucial to that mission. Check out all we do on our website and contact Lesley Danziger or Leah Vasquez, C/U Partnership Co-Chairs, if you are interested in supporting AAUW Laguna Beach College Partnerships: <https://lagunabeach-ca.aauw.net/>



Hi! I’m Esther, a PhD student at UC Irvine. My Tech Trek camp experience at Stanford is one of the reasons I am a scientist. Thank you, AAUW Napa Branch! I wanted to join the movement of empowering young women, so I committed to AAUW. I counseled at

two camps as a high schooler, gave a research talk at the Napa Branch’s annual luncheon about my undergrad project, finally joined AAUW when I earned my bachelor’s degree, and taught the 2018 and 2019 UCI campers how to turn a glass vial into a silver mirror (with chemistry of course!). Freshly transferred over from Newport-Mesa-Irvine branch, I’m excited to coordinate the Tech Trek campers we send from Laguna this year!

Interested in helping? I need people who want to interview the young women, review application materials, and someone with the capacity to be an oral and/or written translator (Spanish, Mandarin). Contact me at estherhessong@gmail.com.

Tech Trek leaves a lasting impact. My dorm mom and I are still pen pals. I bonded with a new co-worker when we found out we were both campers. I’m a proud Cal Bear and trained chemist; an enthusiastic Ant eater (zot zot) and budding materials scientist. I thank Tech Trek and AAUW for shining light on this path.

Outside AAUW, my time is focused in three areas: 1) studying metallic alloys to increase their strength and damage tolerance. 2) exposing kids to cool science on a near-monthly basis! Last year’s highlight was National Chemistry Week at the Santa Ana Zoo where we learned about electrodeposition and made “gold” pennies. 3) visiting Disneyland for long walks through both parks.

AAUW CA UPDATES

Dianne Owens, President, AAUW California statepresident@aauw-ca.org and the Board.

THE TIMES, THEY ARE A-CHANGIN'

...In early 2020, none of us anticipated that we would be meeting by Zoom for our June Board Retreat or having our board meetings by Zoom through at least January 2021. We are adapting to this strange new normal. We developed our new SUCCESS plan (known formerly as the Strategic Plan) and planned over 20 webinars to be held through June 2021. Go to the aauw-ca.org website to register. We are planning a Lobby Day and our Annual Meeting in Sacramento, April 15 & 16, 2021, in hopes that we can meet in person by then.

Be bold, brave, and brilliant!

• AAUW FUND VIRTUAL LUNCH WITH THE FELLOWS/GRANT RECIPIENTS

The 2020-2021 Fund luncheons will be held on two dates at one convenient location - your computer. Due to the pandemic, the physical Fund luncheons will be replaced by two webinars. While we will miss the social gathering aspect of the luncheons, the webinars may afford the opportunity for those hampered by distance or other physical constraints to participate. Please note these dates in your branch calendars: Saturday, October 10th and Saturday, October 24th.

• **CALIFORNIA CONNECTION**, a monthly communication, was launched in July to keep everyone informed and engaged with AAUW and our mission. This is our chance as the AAUW California board to communicate directly to our members right in their inboxes. The California Connection will arrive before the 10th of each month and will contain information we hope members will find both helpful and entertaining! With the advent of this new publication, we are placing the publication of the *California Perspective* on hiatus for the time being. We hope that by reaching our members on a monthly basis we will be able to provide them with information in a more timely manner.

• INCOME-CHANGING OPPORTUNITY

Donna Lilly, C/U Committee Chair,
cu@aauw-ca.org

Start Smart and Work Smart are free webinars on the AAUW website, aauw.org, where you have the opportunity to learn the skills of negotiating salary and benefits. Spend an hour or two online with the Start Smart webinar to determine the value of a new job, determine a target salary and benefits in the city you want to work, and create a strategy to make your pitch for a new job. The Work Smart webinar focuses the skills of negotiating a salary raise and new benefits in your current position. Share this information.

What's Happening With STEM?

Alice Apkarian, TTAG Coordinator

We managed to get quite a bit done this year on the STEM front—before and during the shutdown. We underwrote the UCSD Tech Trek camp's transformation into a week-long online robotics camp for 40 middle school girls. The campers learned about cyber security, gender equity, electronic circuitry, and coding, all while building robotic hats! New this year, the STEM organized scholarships for local girls to attend 1-day ocean science conferences at the Ocean Institute (5 girls attended pre-shutdown). Something else that's new is the Tech Trek Alumnae Group (TTAG) of South Orange County! A collaboration with the San Clemente/Capistrano Bay and Mission Viejo/Saddleback Valley branches, the TTAG currently has over 40 members. In January, we presented a panel discussion of three women STEM professionals to an audience of 50! And now for the big news! We are so happy to announce that one of our newest members, Esther Hessong, has taken on the role of Tech Trek Coordinator for our branch. A former Tech Trekker herself, Esther will lead the branch in selecting campers for scholarships to Tech Trek next summer, in whatever form it takes!

LAGUNA'S CELEBRATION OF THE CENTENNIAL ANNIVERSARY OF WOMEN'S RIGHT TO VOTE!!!!

Our branch joined with the Woman's Club, No Square Theatre, the Laguna Beach Seniors, the National Women's History Alliance and many others to celebrate this milestone in American history. During August, our member Dr. Kim Salter presented a monologue entitled "The Women's Vote", a discussion of the book *"The Women's Hour, the Great Fight To Win The Vote"* by Elaine Weiss occurred online, three original films were presented and Bree Burgess Rosen and Roxanna Ward developed a musical presentation for the final night. The culminating activity was a small parade (see photo) which took place on Forest Ave. A great time was had by all participants. It was a wonderful month - please join us in future activities which will be noted in the Waves.

Today, as we celebrate a major step forward for our Nation, we pay tribute to the countless women, known and unknown, throughout our history who struggled for equality." (from the Proclamation)

Throughout the summer, AAUW-LB members have read, studied, and engaged in many celebration activities, such as such as a women's march on Forest Avenue in Laguna Beach.



Women's March Celebrating Women's Suffrage on Forest Avenue in Laguna Beach



Madeleine Peterson and her granddaughter, Emma, celebrate the ratification of the 19th Amendment by remembering the past efforts of the suffragists.



In the suffragist costume of a white outfit with the blue and gold sash is Dr. Kim Salter, a member, who is a popular speaker on women's suffrage. Kim was also a suffragist marcher in the January Rose Bowl Parade. Currently she is on the staff of the National Women's History Museum in Los Angeles.



MEMBERSHIP MATTERS

Jean Brotherton, Membership Coordinator
jeanlagunabeach@cox.net

As we struggle to adapt to the “new normal.” we must remember that it was the old normal that got us here. As AAUW CEO Kimberly Churches wrote, “We cannot return to a status quo where millions of Americans lack access to equal pay, critical benefits, and even the basic ability to vote.” AAUW is changing the paradigm for women by championing policies and practices that will make equity more of a reality, and we, as members of this nearly 140-old organization, are inspired to do what we can to raise awareness of these issues so that all women get a fair shake.

I invite you to become a part of this 2020-2021 AAUW-LB Branch year by:

- Supporting gender equity for women and girls through the AAUW Fund (Educational Opportunities, Start Smart, Legal Advocacy, Public Policy), and our AAUW-LB Foundation through which we support El Morro Elementary School tutoring, Tech Trek for middle school girls, scholarships for high school girls and for re-entry college women, Start Smart salary and benefits negotiation workshops for college women, and for women to attend the annual AAUW National Conference for Women Student Leaders (NCCWSL).
- Keeping up with news important to women and girls published online in AAUW Outlook, California Connection, Laguna Waves, on our website www.lagunabeach-ca@aauw.net, and on Facebook.

• Inviting friends to learn what AAUW and our branch have to offer as we endeavor to further our mission of gender equity through research, education, and advocacy. Contact me to send them Prospective Member Packets that include a welcome letter, membership brochure, and an application form. We are all in this together. And together we can make a difference in the lives of women and girls by empowering them through education to reach their full potential.

Membership Directories To Be Mailed

The 2020-21 Membership Directory is more than a member roster and listings of officers, chairs, committees, and interest groups. You’ll find it a helpful reference when you’re asked --

“What is AAUW?” -- check out pages 1-3 for the answer! On pages 53-56, you’ll find handy lists of members arranged by city for easy reference for carpooling or offering a ride to meetings and events when we return to normal. During this time of isolation, it would be nice to reach out to nearby members with a friendly phone call or email – make someone smile today! For Directory listing corrections/additions, please email me: jeanlagunabeach@cox.net. Corrections will be posted in the following month’s Laguna Waves.

WELCOME NEW MEMBERS

CAMPBELL, Stephanie 714-299-4551
1030 Cannonade Circle smcampbell@rr.com
Costa Mesa 92626
University of Washington: CSU Fullerton
BA Political Science; MBA

McKAY, Ann Marie 310-722-5051
31774 5th Ave. mckay4cityclerk@gmail.com
Laguna Beach 92651
Louisiana Tech University, BS Mathematics

PARK, Hannah 834-2651
UCI Sch. Med. 218 Sprague Hall hlpark@uci.edu
Irvine 92697
UC Berkeley; USC Sch. Of Med.; Stanford U.
BA Molecular Biology; MS Cell/Neurobio; PhD Bio. Sci.

ZERREL, Sakina cell 714-858-5800
557 Blumont St. zerrel@gmail.com
Laguna Beach 92651
Universite Lyon II, AB Education; BA English

WELCOME MEMBERS OF THE FORMER NEWPORT-MESA-IRVINE BRANCH

Sharon Boudreau, Stephanie Campbell, Gail Daniels, Kathryn Hansen, Esther Hessong, LaDonna Kienitz, Selma Mann, Sigrid Moranz (former president). Marge Romberg, Grace Samis, Shelia Yamani, and Denese Zink.

AAUW-LB College Scholarships for Re-Entry Women

Last year, the American Association of University Women (AAUW) Laguna Beach raised \$50,000 to support girls and women in local K-12 schools, colleges, and UCI through scholarships and a variety of educational programs. In 2020, we used the bulk of these generous donations to award four local high school scholarships to students attending Dana Hills High School and Laguna Beach High School and 12 scholarships to re-entry women students attending Laguna College of Art + Design (LCAD), Saddleback College, Orange Coast College (OCC) and UC Irvine.

Re-entry students are students who had to interrupt their education, sometimes for many years, but have returned to achieve their goal of a career aligned to a higher education degree. Most of these students are women. Despite federal and state loans, re-entry women face extra personal and financial challenges that are not fully addressed by government loans. Many have dependent children as well as housing expenses; many are first-generation college students with parents who cannot or will not help them, and all continue to work as well as study. These women are inspirational.

Jennifer Schmidt



The AAUW-LB Laguna College of Art + Design (LCAD) 2020 scholarship was awarded to Jennifer Schmidt, a widowed single mother, majoring in fine arts and illustration. Jennifer will be completing her BFA this year in fine arts and looks forward to a career in textile design or painting. Jennifer told us that she does not think she could have made it through this year without the AAUW-LB scholarship.

Valerie Fernandez



AAUW-LB Orange Coast College (OCC) scholarship recipients included young women like Valerie Fernandez, a re-entry student now on her way to UC Berkeley to study cognitive science with the goal of attaining a Ph.D. in neurosci-

ence and researching Alzheimer's. Valerie had almost given up being able to afford a college degree. She told us that it would have been devastating for her not to have scholarship help for necessities like books, transportation, and even a laptop.

Jenny Ortega



Another OCC student, Jenny Ortega, is a single mother of three earning her A.S. and Speech, Language Pathology Assistant certificate. She will

transfer in Spring 2021 to earn a B.S. and eventually an M.S. to become a speech language pathologist, with her own practice. Jenny is the daughter of Salvadorian refugees and a first-generation college student. She told us that for a long time she believed that college was "not for people like me." It took her almost ten years after high school to realize she was wrong about herself, and in following her educational and career goals, she believes she is not only achieving her own dreams, but also providing a role model to her children.

AAUW-LB Saddleback College Scholarship Recipients

Liz Clark



AAUW-LB Saddleback College scholarship recipients include Liz Clark, returning single mother of three, about to complete a B.S. in nursing. Liz plans to become an emergency room nurse. She told us about the years she spent long hours working as a medi-

cal assistant but still pushed herself to complete the pre-requisites for the nursing program so she could achieve her career goals and be able to spend more time with her children. Liz's story reminds us that the lower paid jobs that many women settle for can be more draining and time-consuming than professional careers.

The UCI scholarships are awarded to returning women earning a B.S. in a STEM (Science, Technology, Engineering or Math) discipline. The applications were compelling and at times distressing to read. These women shared many of the same challenges as the other women. In fact, almost all were community college transfer students. However, pursuing a university degree in science brought a unique set of challenges. Many women talked about how they felt that they had to work twice as hard as the men in STEM undergraduate classes to prove themselves. The majority of applicants were first-generation women from families which often did not support their studies, especially in STEM fields. We read an application from a student who had completed two years of her computer science degree in her home country but was pulled out of school because her parents had arranged a marriage with someone living in the U.S. We read about a young woman whose family blamed her child's autism on the mom for pursuing a degree in engineering. We read about a father who repeatedly told his daughter she was useless, and she should be helping the family instead of studying a "man's" subject where she would "inevitably" fail. We read about an African American-Filipino computer science student feeling doubly isolated not only in her classes

as a woman of color but also in a summer internship at a major online gaming company, with no gender or racial role models. The committee eventually selected two stellar young women, both of whom faced serious challenges in their lives and both of whom have consistently achieved the Dean's Honors List in their respective schools: **Grace Lee**, in her senior year of biochemistry and molecular biology, and **Aliyah Clayton**, also in her senior year studying software engineering.

Grace Lee



Aliyah Clayton



AAUW Laguna Beach will be raising funds for 2021 local high school girls and college women. We hope that the women in our community will pay attention to the stories of these amazing and resilient women and reach out to us to continue to support the many women like them. If you wish to donate to our college scholarship fund or to any of our programs supporting girls and women in education, please go to our website: <https://lagunabeach-ca.aauw.net/>.

An Introduction to Mindfulness and Meditation—A Life Changer for Many. Is It for You?

How dramatic “life changer” might sound, but it is true. Mindfulness and meditation open people up to themselves and the world around them in a life-enhancing way they never knew was possible. My own mindfulness and meditation practice has certainly done that for me.

I am offering a two-session Introduction to Mindfulness and Meditation class this fall to share with other AAUW-LB members what this exciting field is really all about. It will give you a chance to explore the possibility this might be a path you too would like to start down.

Covid-19 has taken control of so much of our normal lives. Who knows, you might find mindfulness and meditation an appealing way to take back some of that control.

Highlights of Introduction to Mindfulness and Meditation:

- Defining mindfulness and taking a close look at what it really means.
- Benefits and challenges of being mindful.
- How meditation supports mindfulness. What exactly is meditation and why do it? What does the research show about brain changes with meditation?
- Building a mindful and meditation practice. What kind of commitment does it take? How do I get started? Do I need a teacher or a class, or can I do it on my own? What if I tried in the past but didn't keep it up, should I try again?
- Meditations—at least one per session. These will be about 15-20 minutes each.
- Resources: Book, CDs and mp3 downloads, YouTube videos, classes. (Handout)

We'll be meeting via Zoom on two consecutive Mondays, October 12 and 19, 2020, 5:00-6:30PM. Pre-registration is required. To do that contact Deana Pink @sdpink2@cox.net or 949-370-6360.

For questions about the class, please feel free to contact me at mkjacobs1@cox.net.

I really look forward to these meetings and sharing the adventure of mindfulness with you.

Warm regards,

Marion Jacobs, Ph.D. CA. Licensed Clinical Psychologist and Adj. Professor Emerita, UCLA

Public Policy and AAUW-LB

Sigrid Moranz, AAUW-LB Public Policy Chair



There are many ways you can help make voting more accessible and easier for your community. In these times of Covid-19 virus, many people would prefer to vote by mail or in less crowded early voting. To help these people there are several sites you can access to volunteer to make phone calls or send letters to voters in many states to help them with the process.

Below are a few of these organizations I would encourage you to look at to see if this is something you would like to engage in.

- VoteForward.org: Engage in letter writing to potential voters in many states. The letters are pre-written so you just have to print them and mail them with your added personal message.
- NBC News.com/PlanYourVote: This is a website set up by NBC News that shows exactly what the rules are for voters in every state. It clarifies issues of same day voter registration, request for mail-in ballots and many more. It acts like a script for guiding voters through the process on a state by state basis.
- #AAUW_CA #GOTV2020 @AAUW This is a series of weekly emails starting August 19th with reminders of how you can support AAUW's Get Out the Vote campaign.

I hope you will be a part of the Get Out the Vote movement for this election cycle. Be sure to watch your email account for AAUW Public Policy emails sent to all members on issues of importance to the mission and goals of AAUW. Also be sure to participate in AAUW's Two-Minute Activist program to let our leaders know where AAUW stands on highlighted issues.

Thank you for being an important part of our civic duty and supporting the AAUW Mission and Goals.

THE POETRY INTEREST GROUPS



During the summer the Poetry Appreciation and the Poetry Writers Interest Groups held joint meetings. In the fall, the groups will return to their regular schedules. The Poetry Writers meet at 12:00 on the second Monday in odd months (Sept., Nov., etc.), and the Poetry Appreciation members will meet at 1:00 on the second Thursday in the even months (Oct., Dec., etc.) Zoom links will be sent to both interest group members.

For more information on joining these groups, contact Kas Sartori kbsartori@gmail.com for Poetry Writers and Jean Paris, jackanjean@aol.com for Poetry Appreciation.

New members are welcome to join one or both groups at any time.

The Soul's Shining *by Kas (Burns) Sartori*

A smile. . .not more,
yet more than space of sound.
It speaks an invitation
and of a beckoning home—
to a home of understanding
things unsaid but known.

A smile. . .
the patient waiting
that permits impatient hurts,
it shines in upturned trembling
yet values pain as worth.

A smile
sometimes—
shining unrelentingly
beneath lashes
blurred and glistening
And again—
whispering joyfully
from a silent heart's singing.

A smile
always—
speaking softly
the soul's secrets.

My Mother's Dichos *by Selma Mann*

My mother's sayings
linger in memory
concentrated wisdom
encased in love
no hay mal que por bien no venga
an ancient Spanish version of
every cloud has a silver lining
her oft-repeated favorite
orphaned when she was four
she was a seedling
growing from unspeakable loss
did she plant the seed for my outlook
inspire Collateral Gratitude
its theme the dear price
we sometimes pay
for silver linings

SEPTEMBER 2020 CALENDAR

Sept 2 (Wednesday) 1:00-3:00pm: AFTERNOON BOOKS on Zoom. The book is *American Dirt* by Jeanine Cummins. This group is now open for 2-3 new members. For more information, contact Miriam Kranser, mkranser@cox.net, 499-5544.

Sept 2 (Wednesday) 7:00 pm. Rescheduled from August 26. EVENING BOOKS on Zoom. The book is *Girl, Woman, Other* by Bernardine Evaristo. For more information, contact Gail Brooks at gail8441@cox.net or 949-302-3837. This group is full.

Sept 9 (Wednesday) 4:00 - 5:30pm: BOARD MEETING on Zoom. Board members are expected to attend, and all members are welcome to attend any or all of any Board meeting. Contact Alison King, secretary, (aking@csusm.edu) for an agenda and a Zoom link to the meetings.

Sept 13 (Sunday) 3:00-4:30pm: AAUW-LB MEMBERSHIP CELEBRATION PARTY on Zoom. Details on the front page.

Sept 17 (Thursday) 6:00 pm: VESPER LIBRIS book club will meet via Zoom to discuss *Topeka School* by Ben Lerner. For more information and a link to Zoom, contact Janice Hayden, janicemhayden@gmail.com. This group is full.

Sept 21 (Monday) POETRY WRITERS: 12:00 - 2:30pm (NOTE THE CHANGE IN TIME). The theme is aging. The Zoom link will be sent to members. New members are welcome, and please contact Kas Sartori, kbsartori@gmail.com, for information and to receive the link to the meeting. This group meets every other month on the odd months (September, November, etc.). Poetry Appreciation members are cordially invited to this meeting.

*Visit and Like Us on Our Facebook Pages
AAUW Laguna Beach and
AAUW Laguna Beach Social Group.*

Sept 22 (Tuesday) 1:30pm: BOOKS@1:30 on Zoom. *Washington Black* by Esi Edugyan. This dazzling adventure story is about a boy who rises from the ashes of slavery to become a free man of the world. The link will be sent to members of the book group on the day before the discussion. New members are welcome and should contact Karen Dennis karendennis@mac.com for the link. For comments or questions about the book group, please contact Jean Brotherton at jeanlagunabeach@cox.net.

Sept 23 (Wednesday) 7:00 pm. EVENING BOOKS on Zoom. The book to be determined. For more information contact Gail Brooks at gail8441@cox.net or 949-302-3837.

SAVE THE DATE

Oct 8 (Thursday) 1:00pm: POETRY APPRECIATION on Zoom. Jean Paris, chair, says the theme will be the family, and details will be emailed to members in mid-September. New members are always welcome and should contact Karen Dennis, karendennis@mac.com, for the Zoom link. This group meets every other month on the even months (October, December, etc.)

Oct 12 and 19 (Mondays) 5:00-6:30PM. An Introduction to Mindfulness and Meditation—A Life Changer for Many. Is It for You? Pre-registration is required. See page 9 for details.

2020-21 AAUW Laguna Beach Board

Co-Presidents:	Lesley Danziger, Farie Momayez
Co-Vice Presidents:	Audrey Locke, Nancy Miller, Madeleine Peterson
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Membership Coordinator:	Jean Brotherton
Treasurer:	Roberta Kanter
Secretary:	Alison King
AAUW-LBF Director:	Jean Vivrette

Laguna Waves Newsletter

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